

Get ready for a Hero's Journey on Sunday, October 7

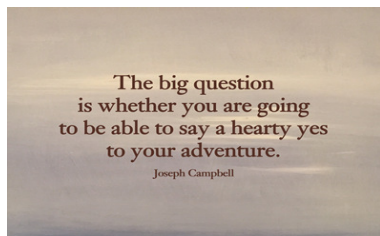
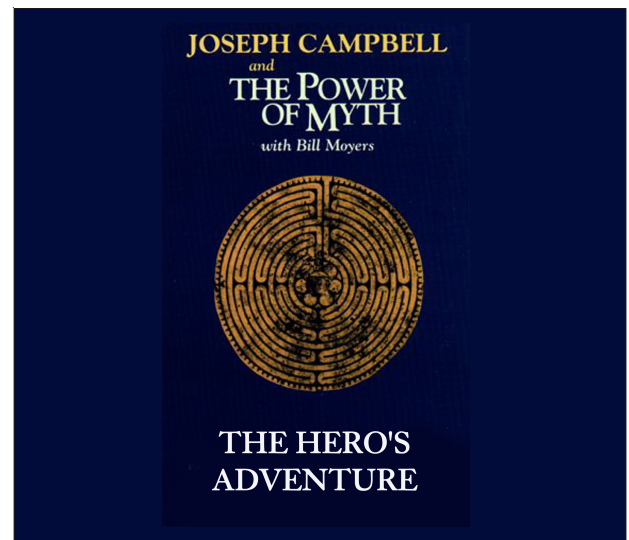
I'm pleased to be offering a free informal discussion session, "**The Hero's Adventure**" on **Sunday, October 7** from 2 - 3:30 PM in the Peoria Public Library North Seminar Room as part of my *Joy Is The Journey* series aimed at enhancing personal growth and development.

This session focuses on:

- 1) watching and discussing segments of The Hero's Adventure, the first in a 6-part PBS *Power of Myth* documentary series with journalist Bill Moyers and mythologist Joseph Campbell and
- 2) applying the principles presented in the documentary to one's own life.

The only requirement for taking part in this discussion session is an openness to recognizing how the various events in our lives - both the positive and negative, are both instrumental in helping us develop a heroic mindset with respect to our own individual life journeys.

To RSVP, call the Peoria Public Library at **309.497.2143**.



Keep a lookout for a week-long series of Joseph Campbell **Thoughts That Soar** quotations I'll be posting on my Facebook page (<https://www.facebook.com/suzette.boulais>) at the end of September as I promote the **Sunday, October 7** "Hero's Adventure" discussion I'll be facilitating at the Peoria Public Library North from 2 - 3:30 PM.

Handpainted notecards say it the best

If you're at all like me, you never get tired of receiving a personal, handwritten notecard through the snail mail. I appreciate receiving handwritten notes so much, I save them by putting them in personal file in my filing cabinet.

While I so enjoy receiving notecards, I also enjoy handpainting notecards with all kinds of images, including this circular image that ties in with the free Joseph Campbell "Hero's Adventure" session I'll be holding on October 7 at the Peoria Public Library North. If you'd like a set of 10 of these handpainted **Circle of Life** notecards, cost is only \$26.95. You can pay by personal check or I can bill you through PayPal. To make an order, contact me at suzette@suzetteboulais.com.

